

# Talk it Out Tuesday



**Got something on your mind?**

**Join us for Talk it Out Tuesday!**

This support group offers a supportive, judgement-free space to share your experiences with natural disasters, as well as learn coping tools - all the while having some fun!

**Talk It Out Tuesday Schedule:**

February 4, 2025 and February 18, 2025

March 4, 2025 and March 18, 2025

April 8, 2025 and April 22, 2025

May 6, 2025 and May 20, 2025

June 3, 2025 and June 17, 2025

July 1, 2025 and July 22, 2025

**Located at:**

1135 Redwood St., Kountze, TX 77625

**Start time:**

10:00am - 11:00pm

**Facilitated by:**

Crisis Counseling Program Crisis Team



CRISIS COUNSELING ASSISTANCE  
AND TRAINING PROGRAM

*This project is administrated by the Disaster Behavioral Health Coordination program, through federal funding from the Federal Emergency Management Agency Crisis Counseling Assistance and Training Program grant.*